



Montgomery Academy

May 2017 Breakfast Menu

Healthy Meals Grow Healthy Kids!



Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast

\$2.00

Adult Breakfast

\$2.50

Reduced Breakfast

\$0.30

take time for
**school
BREAKFAST**



Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	2 Bagel with Cream Cheese or Jelly Assorted Fruit 100% Fruit Juice Milk Selection	3 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	4 Cereal Bar with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	5 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
8 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	9 Bagel with Cream Cheese or Jelly Assorted Fruit 100% Fruit Juice Milk Selection	10 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	11 Cereal Bar with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	12 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
15 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	16 Bagel with Cream Cheese or Jelly Assorted Fruit 100% Fruit Juice Milk Selection	17 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	18 Cereal Bar with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
22 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	23 Bagel with Cream Cheese or Jelly Assorted Fruit 100% Fruit Juice Milk Selection	24 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	25 Cereal Bar with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	26 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
29 Memorial Day School Closed 	30 Bagel with Cream Cheese or Jelly Assorted Fruit 100% Fruit Juice Milk Selection	31 Muffin with Yogurt Assorted Fruit 100% Fruit Juice Milk Selection	 Celebrate World Food Week during lunch!	

MENU SUBJECT TO CHANGE



Check us out on Facebook : Maschio's Food Services, Inc.

Please Visit: www.maschiofood.com



"This institution is an equal opportunity provider"